

# Loose Leaf Tea



All teas are 100% organic and have been blended here at sipping duck with much love and care. Teas may assist your body in fighting disease and ailments. Half a teaspoon steeped properly is enough for a pot of tea. Try them hot or iced, add honey, mint, lemon or lime to herbal teas and enjoy! (or vodka)

## CHAI

Black teas, cinnamon, star anise, vanilla, cardamom pods, nutmeg, black pepper, fennel seed and cloves. Supports immune system, helps alleviate PMS pain & balance hormones, anti-oxidant rich, promotes general health and well-being, and more. The spices are considered to be calming, vitalizing and mentally clarifying. For extra kick, add ginger or chilli flakes and enjoy extra warmth! \$10 (60g)

## SOOTHE

Lemon balm, lavender, linden and chamomile flowers. Calming & antidepressant. relax & unwind with this lovely tisane. \$8.5 (20g)

## HERBAL

Peppermint, lemon myrtle, calendula flowers, horsetail, bergamot, dandelion & echinacea. Immune booster, antimicrobial, antiseptic, astringent & diuretic. caffeine free. Add a bit of honey to enhance all herb flavours. \$7.5 (25g)

## RED ROOIBOS, CACAO & VANILLA

low in caffeine, antispasmodic, antioxidant rich, improves digestion. \$12.5 (60g)

## RED ROOIBOS, VANILLA, JUNIPER & BILBERRIES

antioxidant rich, antiseptic, diuretic, anti-inflammatory, helps reduce high blood-sugar levels, caffeine free. \$10 (60g)

## TROPICAL GREEN TEA

Green tea, mango, coconut, papaya and pineapple. High in vitamins, mineral and antioxidants. \$10 (75G)

## TROPICAL YERBA MATE

Green tea, mango, coconut, papaya, pineapple, orange peel and rosella. High in vitamins, mineral and antioxidants. Contains caffeine. \$10.5 (70g)

## ROSE EARL GREY

Black tea, bergamot essence, rose petals, rosehip shells and orange peel. Astringent, diuretic, bactericidal, vitamins A, B1, B2, B3, C & K. \$9.5 (50g)

## OUTBACK SUMMER

Lemongrass, ginger, eucalyptus, sage, thyme and basil. Refreshing, anti-inflammatory, anti-septic, carminative, anti-spasmodic. \$8.5

## AFTER DINNER MINT

Black tea, cacao and mint. \$9.5 (45g)

Pot of tea to have here \$4.5

# RETAIL

## FRESHLY ROASTED COFFEE

250g \$12 / 500g \$22 / 1kg \$40  
beans or ground

**House Blend** - carefully selected high altitude beans blended to achieve **great balance and sweetness**, with prominent nut and chocolate notes, some delicate fruits and herbs. **Juicy and syrupy** full body, low bitterness, mild acidity and long lasting finish.

**Organic** - **clean, bright and sweet with a hint of savoury** aroma and taste. Organically grown.

**Face Kicker** - a **dark and stormy** version of our blend, very intense, full body and strong kick. Classic italian roast.

## HONEY

This lovely honey comes from the Capricorn Coast, near Rockhampton. The bees produce seasonal honey (flavour changes throughout the year according to the flowers the bees pollinate). A very **pure** product, **unheated and unprocessed**. Taste the difference and receive honeys health benefits. Comes with honey dipper. \$8.8

## GIFTS AND TREASURES

We have a selection of handcrafted and one of a kind products. Have a look on the shelves, you might find green coffee soaps, bags and wallets made from coffee sacks (hessian), soy wax candles, sipping duck t-shirts, greeting cards, organic coconut sugar and oil, antiques, percolators, tea pots and strainers and more!

If you are interested in **WHOLESALE**, please don't hesitate to ask. We supply cafes, restaurants, resorts, b&b, businesses, retail outlets, health clinics and more. Options are endless and we are always willing to bring great coffee to homes and businesses.

We invite you to jump on our web for more info and connect with us on the social media to stay updated.

[www.sippingduck.com.au](http://www.sippingduck.com.au)

